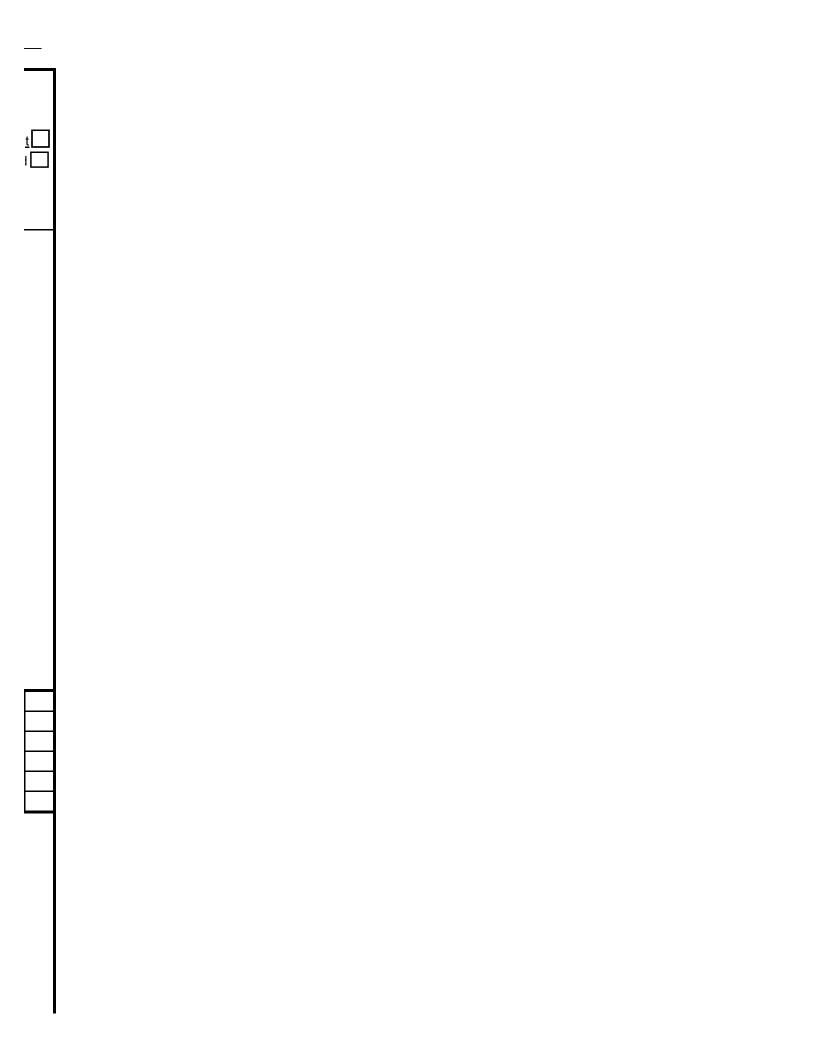
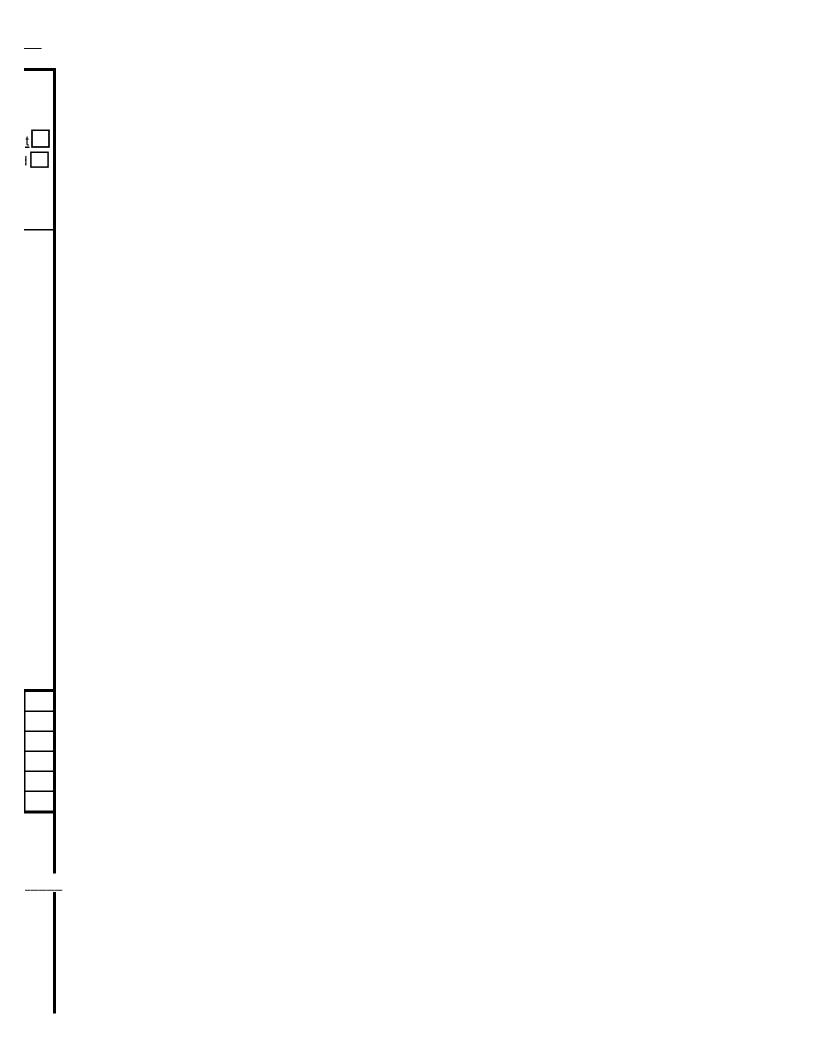
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Birth Date				Birth Da <u>te</u>					
	Date C				Don Jits			<u> </u>	
	ELT REQUIR			YELLOW		•		ENTS	
KATA: Don Jits	u Forms 1			KATA: Don J	itsu Form	ıs 1			
BASICS: Block	Routine 1 & 2			BASICS: Bloc	ck Routine	e1&2	2		
KICKS: Kick Ro	outine 1			KICKS: Kick	Routine 1				
FREE SPARRIN	G: Single Opp	oonent		FREE SPARR	ING: Sir	ngle O	ppon	ent	
BREAKFALL: E	reakfall Routin	e 1		BREAKFALL:	Breakfal	l Rout	ine 1		
SELF DEFENCE	: Don Jitsu T	echniques	5 1 - 6	SELF DEFEN	CE: Don	Jitsu <sup>-</sup>	Tech	niques	s 1 -
FITNESS: Allro	und Fitness Le	vel		FITNESS: AI	round Fit	ness l	_evel		
Minimum Lesso	ns Required			Minimum Less	sons Requ	uired _			

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Birth Dat <u>e</u>			Date	ə Joi	ned					Birth	Dat	е				Date	e Joi	ned		
			su R											Doi	n Jits	su R	yu			
ORANGE	BELTI	REQ	UIRI	EME	NTS						ORA	ANC	E B	ELT	REC	QUIR	EMI	ENTS	5	
KATA: Dor	n Jitsu F	orm	s 1 &	2						K	ΑΤΑ	: D	on J	itsu l	Form	ıs 1 8	& 2			
BASICS: B	llock Ro	utine	1 & 1	2						B	ASIC	CS:	Bloc	ck Ro	outine	e1&	2			
KICKS: Kic	k Routir	ne 1								K	ICK	S: ł	Kick	Rout	ine 1					
FREE SPAF	RRING:	Sing	gle O	ppor	nent					F	REE	E SP/	ARR	ING	: Sir	ngle C	Орро	nent		
BREAKFALI	L: Brea	kfall	Rout	tine 1	& 2					В	REA	KFA	LL:	Bre	akfal	l Rou	ıtine	1 & 2		
SELF DEFE	ENCE: E	Don .	Jitsu	Tech	nniqu	es 1	- 9			S	ELF	DE	EN	CE:	Don	Jitsu	Тес	hniqu	ies 1	- 9
FITNESS:	Allround	l Fitn	ess l	Leve	I					F	ITN	ESS	All	roun	d Fiti	ness	Leve	əl		
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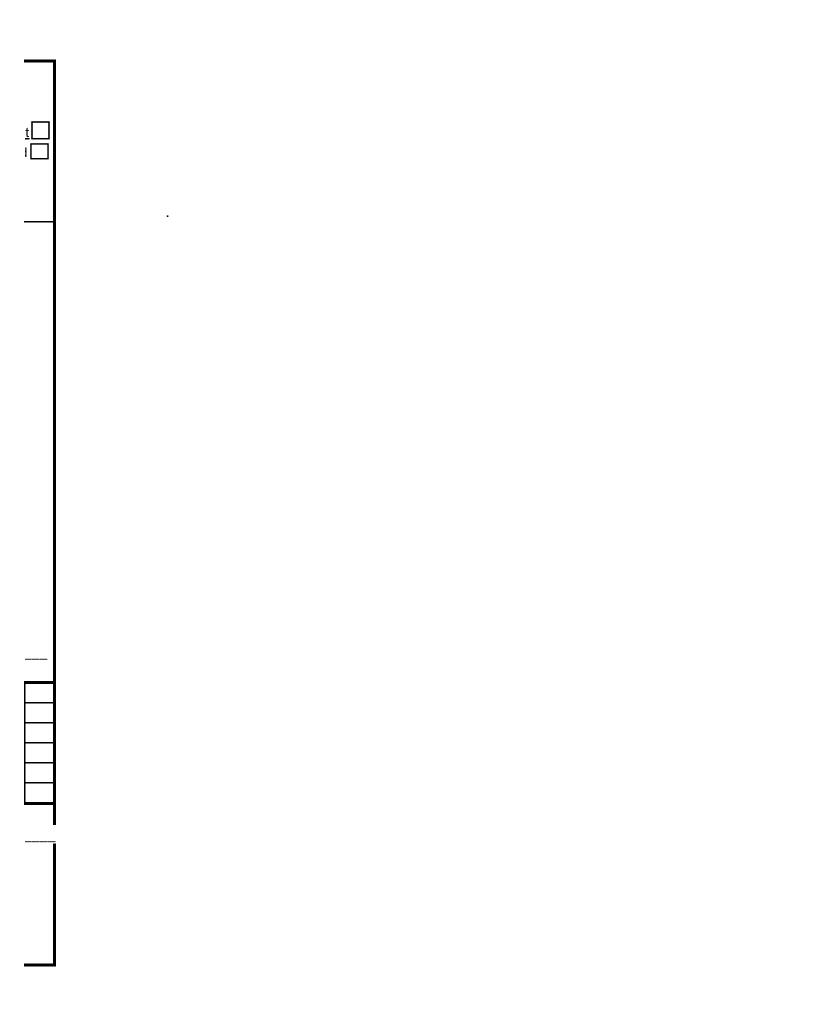
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Birth Dat <u>e</u>		_Date	e Joi	ned				Birth	Da <u>te</u>	e				Date	e Joi	ned		
	Don Jits	su R	yu									Doi	n Jits	su R	yu			
GREEN	BELT F	REQU	JIRE	MEI	NTS					GR	EEN	I BE	LT F	REQU	JIRE	EMEN	ITS	
KATA: Don Jit	su Form	s 1 -	3					К	ΆΤΑ	: D	on J	itsu l	Form	ıs 1 -	3			
BASICS: Block	< Routine	91&	2					B	ASIC	CS:	Bloo	ck Ro	outin	e 1 &	2			
KICKS: Kick R	outine 1							К	ICKS	6: k	Kick	Rout	ine 1					
FREE SPARRIN	NG: Sin	gle O	)ppor	nent				F	REE	SP	٩RR	ING	Sir	ngle C	Орро	nent		
BREAKFALL:	Breakfall	Rout	tine 1	& 2				В	REA	KFA	LL:	Bre	akfal	l Rou	ıtine	1 & 2		
SELF DEFENC	E: Don 、	Jitsu	Tech	niqu	es 1	- 11		S	ELF	DEF	EN	CE:	Don	Jitsu	Tec	hniqu	es 1	- 11
FITNESS: Allro	ound Fitr	less	Leve	I				F	ITNE	ESS:	All	roun	d Fit	ness	Leve	el		
Minimum Less	ons Requ	uired							Minin	num	Les	sons	Requ	uired .				
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PURPLE DRAGON CAYMAN ISLANDS BRANCH GREEN BELT CARD	PURPLE DRAGON CAYMAN ISLANDS BRANCH GREEN BELT CARD
Adult     Name     Child	Adul NameChild
Birth DateDate Joined	Birth Da <u>te</u> Date Joined
Don Jitsu Ryu	Don Jitsu Ryu
BLUE BELT REQUIREMENTS	BLUE BELT REQUIREMENTS
KATA: Don Jitsu Forms 1 - 4	KATA: Don Jitsu Forms 1 - 4
BASICS: Block Routine 1 & 2	BASICS: Block Routine 1 & 2
KICKS: Kick Routine 1 & 2, All Basic Kicks	KICKS: Kick Routine 1 & 2, All Basic Kicks
FREE SPARRING: Single Opponent	FREE SPARRING: Single Opponent
BREAKFALL: Breakfall Routine 1 & 2	BREAKFALL: Breakfall Routine 1 & 2
SELF DEFENCE: Don Jitsu Techniques 1 - 11	SELF DEFENCE: Don Jitsu Techniques 1 - 11
FITNESS: Advance Fitness Level	FITNESS: Advance Fitness Level
Weaponry: Single Weapon	Weaponry: Single Weapon
Minimum Lessons Required	Minimum Lessons Required
STUDENT GOALS:	STUDENT GOALS:



PURPLE DRAGON CAYMAN ISLANDS BRANCH BLUE BELT CARD	PURPLE DRAGON CAYMAN ISLANDS BRANCH BLUE BELT CARD
Adult       Name	Adult       Name     Child
Birth Date Joined	Birth Date Date Joined
Don Jitsu Ryu	Don Jitsu Ryu
PURPLE BELT REQUIREMENTS	PURPLE BELT REQUIREMENTS
KATA: Don Jitsu Forms 1 - 4	KATA: Don Jitsu Forms 1 - 4
BASICS: Block Routine 1 & 2	BASICS: Block Routine 1 & 2
KICKS: Kick Routine 1 & 2, All Basic Kicks	KICKS: Kick Routine 1 & 2, All Basic Kicks
FREE SPARRING: Two Opponents, Fighting Styles	FREE SPARRING: Two Opponents, Fighting Styles
BREAKFALL: Breakfall Routine 1 & 2	BREAKFALL: Breakfall Routine 1 & 2
SELF DEFENCE: Don Jitsu Techniques 1 - 11	SELF DEFENCE: Don Jitsu Techniques 1 - 11
FITNESS: Advance Fitness Level	FITNESS: Advance Fitness Level
Weaponry: Single Weapon	Weaponry: Single Weapon
Minimum Lessons Required	Minimum Lessons Required
STUDENT GOALS:	STUDENT GOALS:

PURPLE DRAGON CAYMAN ISLANDS BRANCH   PURPLE BELT CARD     Adult     Name     Mame     Date Joined     Don Jitsu Ryu     Birth Date        Don Jitsu Ryu     RED BELT REQUIREMENTS        KATA: Don Jitsu Forms 1 - 5, Hanshu            KICKS: Kick Routine 1 & 2, All Basic Kicks Advance Kicking Drills, Bag Kicking    FREE SPARRING: Two Opponents, Fighting Styles    BREAKFALL: Breakfall Routine 1 - 3 SELF DEFENCE: Don Jitsu Techniques 1 - 11 FITNESS: UniversityFitness Level Weaponry: Single Weapon Minimum Lessons Required														
PURPLE BELT CARD         Adult         Name        Child         Birth Date       Date Joined        Child         Birth Date       Date Joined        Don Jitsu Ryu         RED BELT REQUIREMENTS         KATA: Don Jitsu Forms 1 - 5, Hanshu         BASICS: Block Routine 1 & 2         KICKS: Kick Routine 1 & 2, All Basic Kicks         Advance Kicking Drills, Bag Kicking         FREE SPARRING: Two Opponents, Fighting Styles         BREAKFALL: Breakfall Routine 1 - 3         SELF DEFENCE: Don Jitsu Techniques 1 - 11         FITNESS: UniversityFitness Level         Weaponry: Single Weapon														
rth Date Joined														
RED BELT REQUIREMENTS KATA: Don Jitsu Forms 1 - 5, Hanshu BASICS: Block Routine 1 & 2 KICKS: Kick Routine 1 & 2, All Basic Kicks														
RED BELT REQUIREMENTS														
ATA: Don Jitsu Forms 1 - 5, Hanshu														
BASICS: Block Routine 1 & 2 KICKS: Kick Routine 1 & 2, All Basic Kicks														
BASICS: Block Routine 1 & 2 KICKS: Kick Routine 1 & 2, All Basic Kicks Advance Kicking Drills, Bag Kicking FREE SPARRING: Two Opponents, Fighting Styles														
KICKS: Kick Routine 1 & 2, All Basic Kicks Advance Kicking Drills, Bag Kicking FREE SPARRING: Two Opponents, Fighting Styles														
Advance Kicking Drills, Bag Kicking FREE SPARRING: Two Opponents, Fighting Styles														
ELF DEFENCE: Don Jitsu Techniques 1 - 11														
TNESS: UniversityFitness Level														
eaponry: Single Weapon														
Minimum Lessons Required														
TUDENT GOALS:														

#### PURPLE DRAGON CAYMAN ISLANDS BRANCH PURPLE BELT CARD

	<u>Adul</u>
Name	 Child

Birth Date Date Joined

Don Jitsu Ryu

# **RED BELT REQUIREMENTS**

KATA: Don Jitsu Forms 1 - 5, Hanshu

BASICS: Block Routine 1 & 2

KICKS: Kick Routine 1 & 2, All Basic Kicks Advance Kicking Drills, Bag Kicking

FREE SPARRING: Two Opponents, Fighting Style:

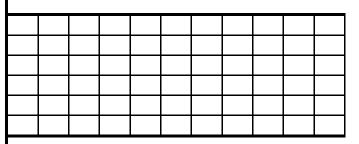
BREAKFALL: Breakfall Routine 1 & 2

SELF DEFENCE: Don Jitsu Techniques 1 - 11

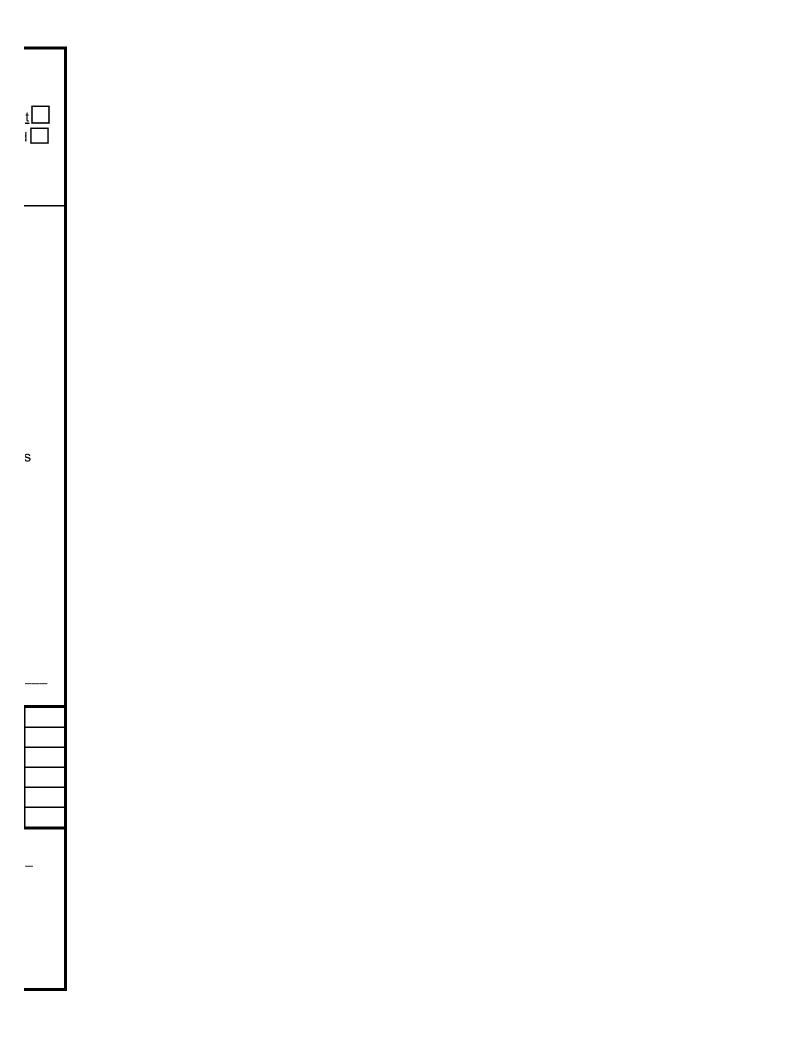
FITNESS: University Fitness Level

Weaponry: Single Weapon

Minimum Lessons Required \_\_\_\_\_

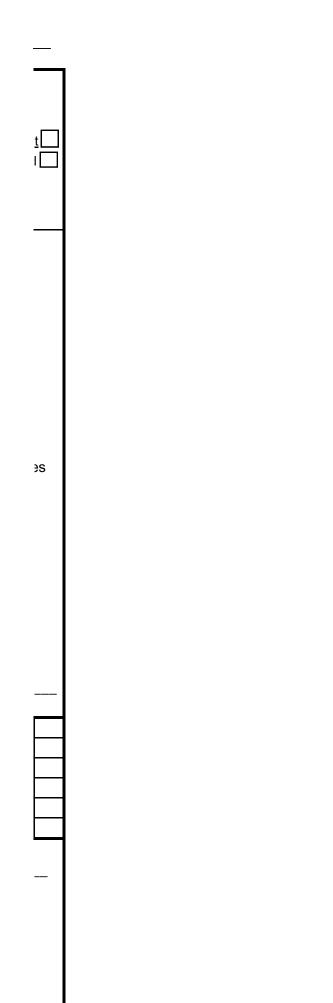


STUDENT GOALS:



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BR	OW	N BE	LT F	REQU	JIRE	EMEN	NTS					BR	OW	N BI	ELT	REÇ	UIR	EME	NTS		
KATA:	Don	Jitsu	Forn	ns 1	- 5, H	lansl	hu				KA	TA:	Don	Jits	l Foi	ms ′	I - 5,	Han	shu		
BASICS	: Blo	ock R	loutin	ie 1 8	& 2						BAS	SICS	: Bl	ock	Rout	ine 1	& 2				
KICKS:					-	Basic Bag					KIC	KS:					-		ic Kic J Kick		
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BREAKF	ALL:	Bre	eakfa	III Ro	utine	1 - 3	5			BR	EAKI	=ALL	: В	reak	fall R	outin	e 1 -	3			
SELF DI	EFEN	ICE:		Jitsı ry Dr			ues	1 - 1′	1	SEI	_F D	EFE	NCE			su Te rago		ques	1 - 1	1	
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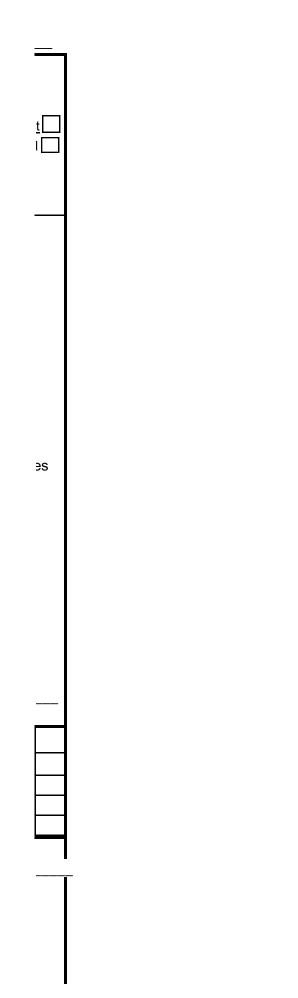
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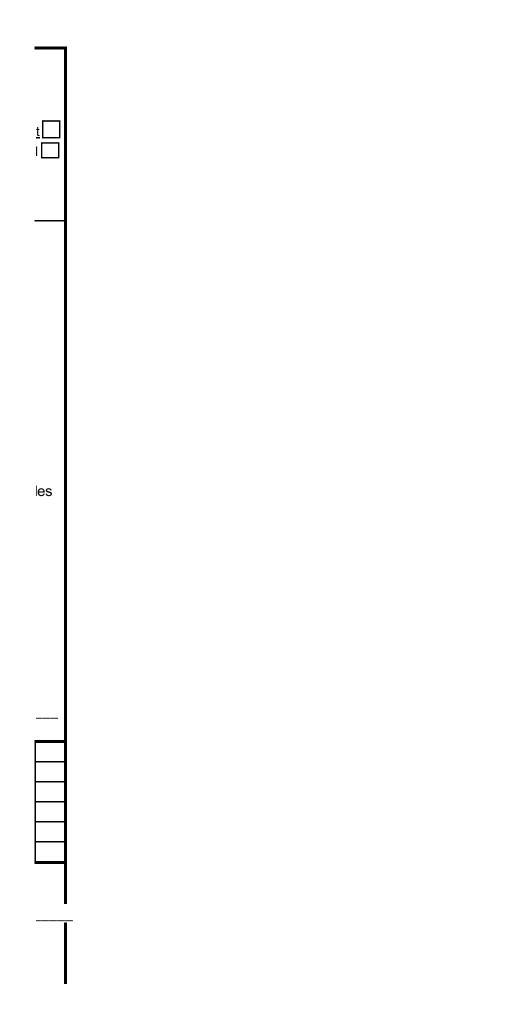


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BLACK BE	LT RE	QUIRE	MEN	JTS					BI	LAC	K BE	ELT I	REQ	UIRE	EMEI	NTS		
KATA: Don Jitsu	Forms	1 - 6, I	Hans	hu, E	mpi			KAT	Ā:	Don	Jitsı	ı For	ms 1	- 6,	Hans	shu, l	Empi	
BASICS: Block R	loutine	1 & 2						BAS	SICS	S: Bl	ock	Routi	ine 1	& 2				
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FREE SPARRING	i: 1-3	3 Орроі	nents	, Figl	hting	Style	es	FRE	EE S	PAR	RIN	G: 1	- 3 (	Орро	nent	s, Fię	ghting	Styl
BREAKFALL: Bre	eakfall I	Routine	e 1 - 3	3				BRE	EAK	FALL	.: Bi	reakf	all R	outine	ə 1 -	3		
SELF DEFENCE:				ues ´	1 - 1 <sup>,</sup>	1		SEL	.F D	EFE	NCE					ques	1 - 1	1
FITNESS: Unive	rsity Fit	tness L	evel					FITI	NES	SS:	Unive	ersity	Fitn	ess L	evel			
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7, Hanshu, Empi ck Routine 1 & 2 ance Blocks Routine 1 & 2, All Basic Kicks ance Kicking Drills, Bag Kicking RING: 1-3 Opponents, 20 Fighting Breakfall Routine 1 - 3 CE: Don Jitsu Techniques 1 - 17 Angry Dragon niversity Fitness Level 2 or more Weapons	Date Joined Don Jitsu Ryu N REQUIREMENTS litsu Forms 1 - 7, Hanshu, Empi ck Routine 1 & 2 ance Blocks Routine 1 & 2, All Basic Kicks ance Kicking Drills, Bag Kicking RING: 1-3 Opponents, 20 Fighting Sty Breakfall Routine 1 - 3 CE: Don Jitsu Techniques 1 - 11 Angry Dragon niversity Fitness Level 2 or more Weapons	Date Joined Don Jitsu Ryu N REQUIREMENTS Vitsu Forms 1 - 7, Hanshu, Empi At Routine 1 & 2 ance Blocks Routine 1 & 2, All Basic Kicks ance Kicking Drills, Bag Kicking RING: 1-3 Opponents, 20 Fighting Styles Breakfall Routine 1 - 3 CE: Don Jitsu Techniques 1 - 11 Angry Dragon	Child  Don Jitsu Ryu N REQUIREMENTS Vitsu Forms 1 - 7, Hanshu, Empi Ack Routine 1 & 2 ance Blocks Routine 1 & 2, All Basic Kicks ance Kicking Drills, Bag Kicking RING: 1-3 Opponents, 20 Fighting Styles Breakfall Routine 1 - 3 CE: Don Jitsu Techniques 1 - 11 Angry Dragon niversity Fitness Level 2 or more Weapons	ChildNan Date JoinedBirth Don Jitsu Ryu N REQUIREMENTS litsu Forms 1 - 7, Hanshu, Empi ck Routine 1 & 2 ance Blocks Routine 1 & 2, All Basic Kicks ance Kicking Drills, Bag Kicking RING: 1-3 Opponents, 20 Fighting Styles Breakfall Routine 1 - 3 CE: Don Jitsu Techniques 1 - 11 Angry Dragon niversity Fitness Level 2 or more Weapons		ChildName Date JoinedBirth Date Don Jitsu Ryu N REQUIREMENTS DA Name Date JoinedBirth Date Don Jitsu Ryu N REQUIREMENTS DA Name DATE DATE DATE Name DATE DATE DATE DATE DATE DATE NAME DATE DATE DATE NAME DATE DATE DATE NAME DATE DATE DATE NAME DATE DATE NAME NAME DATE DATE NAME DATE NAME NAME DATE NAME NAME NAME DATE NAME NAME DATE NAME	Child       Name        Date Joined       Birth Date        Don Jitsu Ryu       Dan R         N REQUIREMENTS       DAN R         Itsu Forms 1 - 7, Hanshu, Empi       KATA: Don Jitsu         ck Routine 1 & 2       BASICS: Block R         ance Blocks       KICKS: Kick Roi         Routine 1 & 2, All Basic Kicks       KICKS: Kick Roi         ance Kicking Drills, Bag Kicking       FREE SPARRING         RING: 1-3 Opponents, 20 Fighting Styles       FREE SPARRING         Breakfall Routine 1 - 3       BREAKFALL: Br         CE: Don Jitsu Techniques 1 - 11       SELF DEFENCE:         Angry Dragon       FITNESS: University Fitness Level         Partore Weapons       Weaponry: 2 of	Child       Name        Date Joined       Birth Date        Don Jitsu Ryu       Don         N REQUIREMENTS       DAN REQU         Nitsu Forms 1 - 7, Hanshu, Empi       KATA: Don Jitsu For         Ck Routine 1 & 2       BASICS: Block Routi         Advance Blocks       KICKS: Kick Routine         Routine 1 & 2, All Basic Kicks       KICKS: Kick Routine         Advance Blocks       KICKS: Kick Routine         Routine 1 & 2, OFighting Styles       FREE SPARRING: 1-1         Breakfall Routine 1 - 3       BREAKFALL: Breakf         CE: Don Jitsu Techniques 1 - 11       SELF DEFENCE: Don         Angry Dragon       FITNESS: University         Proversity Fitness Level       FITNESS: University         2 or more Weapons       Weaponry: 2 or more		Child       Name        Date Joined      Birth Date        Don Jitsu Ryu       Don Jitsu Ry         Don Jitsu Ryu       Don Jitsu Ry         N REQUIREMENTS       DAN REQUIREMENT         litsu Forms 1 - 7, Hanshu, Empi       KATA: Don Jitsu Forms 1 - 7, Hanshu, Empi         ck Routine 1 & 2       BASICS: Block Routine 1 & 2         ance Blocks       KICKS: Kick Routine 1 & 2, All Advance Blocks         Routine 1 & 2, All Basic Kicks       KICKS: Kick Routine 1 & 2, All Advance Kicking Drills, Bag Kicking         ING: 1-3 Opponents, 20 Fighting Styles       FREE SPARRING: 1-3 Opponent         Breakfall Routine 1 - 3       BREAKFALL: Breakfall Routine         CE: Don Jitsu Techniques 1 - 11       SELF DEFENCE: Don Jitsu Techniques 1 - 11         Angry Dragon       FITNESS: University Fitness Level         2 or more Weapons       Weaponry: 2 or more Weapor	ChildNameDate JoinedBirth DateDate JoinDon Jitsu RyuDon Jitsu RyuDon Jitsu RyuN REQUIREMENTSDAN REQUIREMENTSlitsu Forms 1 - 7, Hanshu, EmpiKATA: Don Jitsu Forms 1 - 7, Hansck Routine 1 & 2 ance BlocksBASICS: Block Routine 1 & 2 Advance BlocksRoutine 1 & 2, All Basic Kicks ance Kicking Drills, Bag KickingKICKS: Kick Routine 1 & 2, All Basic Advance Kicking Drills, BagRING: 1-3 Opponents, 20 Fighting StylesFREE SPARRING: 1-3 Opponents, 2 Breakfall Routine 1 - 3CE: Don Jitsu Techniques 1 - 11 Angry DragonSELF DEFENCE: Don Jitsu Techniques 1 - 11 Angry Dragonniversity Fitness LevelFITNESS: University Fitness Level2 or more WeaponsWeaponry: 2 or more Weapons		Child       Name        Date Joined      Birth Date        Don Jitsu Ryu       Don Jitsu Ryu         N REQUIREMENTS       Dan REQUIREMENTS         Name

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